

## FOUNDATION COURSE TIMETABLE FOR 2023-24 BATCH

DATE	TIMINGS										
		09:00 AM to 10:00 AM	10:00 AM to 11:00 AM	11:00 AM to 11:15 AM	11:15 AM to 12:15 PM	12:15 PM to 01:15 PM	1:15 PM to 2:15 PM	02:15 PM to 03:15 PM	03:15 PM to 04:15 PM	04:15 PM to 05:00 PM	
27.09.2023 WEDNESDAY	TOPIC	Inaguration & Welcome Address	Hostel rules and regulations, Anti ragging policy.	<b>S H O R T  B R E A K</b>	Excerpts of CBME	Mentoring & Seeking help	<b>L U N C H  B R E A K</b>	Introduction to preclinical Departments		Outdoor sports	
	FACULTY NAME	Dr A C Ashok	Dr Martin Lucas A		Dr Prashanth Kumar M	Dr Shilpa H D		PRECLINICAL STAFF		Dr Vidhusha Dr Sindhu	
28.09.2023 THURSDAY	TOPIC	Interpersonal relationships ( Behavioral attitude in hostel/Campus/ Class room/ hospital)	IMG Goals, Roles & Competencies		Problem Solving & Critical thinking	Nutritional Challenges faced by Medical students		Career Pathways & Oppurtunities for personal growth	Documentation of Medical records	Dramatics, Music & Dance	
	FACULTY NAME	Dr Rajagopalan S	Dr Pranathi M		Dr Gopal Das	Dr Asha Benakappa		Dr Madan S Gaekwad	Dr Vinayak N S	Dr Kanchana Dr Keerthika	
29.09.2023 FRIDAY	TOPIC	Group Dynamics	Health for nation needs, goals and policies.		Non discriminatory behavior towards patients with disabilities	History of Medicine		Reflective writing	Introduction to Local language	Yoga, Meditation	
	FACULTY NAME	Dr Supriya Sandeepa	Dr Santhosh Achappa		Dr Avinash	Dr Anil Kumar H		Dr Padmja Shetty	Dr Shivamurthy	Dr Venkatesh Murthy Dr Monica	
30.09.2023 SATURDAY	TOPIC	Needle stick Injuries and blood spill management	Gender based discrimination		Minimizing & managing stress	Medical ethics- Know the Hippocratic oath		Community Service - Visit to Spastic School Dr Santhosh Achappa			
	FACULTY NAME	Dr Sharadadevi Mannur	Dr Nagendra Prasad		Dr Neeraj Raj B	Dr ManjuPrakash					



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03.10.2023 TUESDAY	TOPIC	Overview of Medical Research	How to read a Research Article	S H O R T  B R E A K	Literature Search	Overview of ISC & IEC Process at CDSIMER	L U N C H  B R E A K	Overview of Conducting Research	CDSIMER Student Research Council	Outdoor sports	
	FACULTY NAME	Dr Shiva murthy N	Dr Padmaja Shetty		Dr Sagar Puli	Dr Pratibha Nadig		Dr Anand Meundi	Dr Puneet K Nagendra	Dr Vidhusha Dr Sindhu	
04.10.2023 WEDNESDAY	TOPIC	Principles of Adult Learning	Introduction to essential computer skills		Importance of elearning in Medicine	Handling tissues & patient samples		Communication Skills	Introduction to SDL	Indoor sports	
	FACULTY NAME	Dr Santhosh Achappa	Dr Gopal S		Dr Aishwarya M	Dr Nirupama		Dr Veena C N	Dr Sangetha S	Dr Yathish N K Mr Venkatesh	
05.10.2023 THURSDAY	TOPIC	Social Behavior & etiquette	History taking in Local language		AETCOM MODULE 1.5 Dpartment of Anatomy			How to read medical Literature	Patient consent & confidentiality	Scientific Club	
	FACULTY NAME	Dr Puneeth Nagendra	Dr Venkatesh Murthy K T					Dr Archana Shetty	Dr Reshma Mulla	Dr Leelambika Dr Chaitra N D	
06.10.2023 SATURDAY	TOPIC	ADMIN RELATED ACTIVITIES					ADMIN RELATED ACTIVITIES				
	FACULTY NAME										

#### DISTRIBUTION OF HOURS

Orientation1	19 hrs
Skills Module	2hrs
Field visit to Community Health Centre	3 hrs
Professional Development including ethics	15 hrs
Sports and Extracurricular activities	6 hrs
Enhancement of language/ computer skills	3 hrs

  
MEU COORDINATOR  
CDSIMER

  
DEAN & PRINCIPAL  
CDSIMER  
Dr. A.C. ASHOK, M.S., DNB, DA  
Principal & Dean  
Dr. Chandramma Dayananda Sagar  
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Devarakaggalahalli, Kanakapura Road,  
Ramanagara Dist., Karnataka-562112