

# FOUNDATION COURSE TIMETABLE FOR 2023-24 BATCH

DATE	TIMINGS										
		09:00 AM to 10:00 AM	10:00 AM to 11:00 AM	11:00 AM to 11:15 AM	11:15 AM to 12:15 PM	12:15 PM to 01:15 PM	01:15 PM to 02:15 PM	02:15 PM to 03:15 PM	03:15 PM to 04:15 PM	04:15 PM to 05:00 PM	
21.09.2023 THURSDAY	TOPIC	Inaguration & Welcome Address	Hostel rules and regulations, Anti ragging policy.	S H O R T B R E A K	Excerpts of CBME	Mentoring & Seeking help	L U N C H B R E A K	Introduction to preclinical Departments		Outdoor sports	
	FACULTY NAME	Dr A C Ashok	Dr Martin Lucas A		Dr Prashanth Kumar M	Dr Shilpa H D		PRECLINICAL STAFF		Dr Vidhusha Dr Sindhu	
22.09.2023 FRIDAY	TOPIC	Interpersonal relationships ( Behavioral attitude in hostel/Campus/ Class room/ hospital)	IMG Gaols, Roles & Competencies		Problem Solving & Critical thinking	Nutritional Challeges faced by Medical students		Career Pathways & Oppurtunities for personal growth	Documentation of Medical records	Dramatics, Music & Dance	
	FACULTY NAME	Dr Rajagopalan S	Dr Pranathi M		Dr Gopal Das	Dr Asha Benakappa		Dr Madan S Gaekwad	Dr Vinayak N S	Dr Kanchana Dr Keerthika	
23.09.2023 SATURDAY	TOPIC	Group Dynamics	Health for nation needs, goals and policies.		Non discriminatory behavior towards patients with disabilities	History of Medicine		Community Service - Visit to Spastic School Dr Santhosh Achappa			
	FACULTY NAME	Dr Supriya Sandeepa	Dr Santhosh Achappa		Dr Avinash	Dr Anil Kumar H					
25.09.2023 MONDAY	TOPIC	Needle stick Injuries and blood spill management	Gender based discrimination	Minimizing & managing stress	Medical thics- Know the Hippocratic oath	Reflective writing	Introduction to Local language	Yoga, Meditation			
	FACULTY NAME	Dr Sharadadevi Mannur	Dr Nagendra Prasad	Dr Neeraj Raj B	Dr ManjuPrakash	Dr Padmja Shetty	Dr Shivamurthy	Dr Venkatesh Murthy Dr Monica			

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26.09.2023 TUESDAY	TOPIC	Overview of Medical Research	How to read a Research Article	S H O R T B R E A K	Literature Search	Overview of ISC & IEC Process at CDSIMER	L U N C H B R E A K	Overview of Conducting Research	CDSIMER Student Research Council	Outdoor sports
	FACULTY NAME	Dr Shiva murthy N	Dr Padmaja Shetty		Dr Sagar Puli	Dr Pratibha Nadig		Dr Anand Meundi	Dr Puneet K Nagendra	Dr Vidhusha Dr Sindhu
27.09.2023 WEDNESDAY	TOPIC	Principles of Adult Learning	Introduction to essential computer skills		Importance of elearning in Medicine	Handling tissues & patient samples		Communication Skills	Introduction to SDL	Indoor sports
	FACULTY NAME	Dr Santhosh Achappa	Dr Gopal S		Dr Aishwarya M	Dr Nirupama		Dr Veena C N	Dr Sangetha S	Dr Yathish N K Mr Venkatesh
28.09.2023 THURSDAY	TOPIC	Social Behavior & etiquette	History taking in Local language		AETCOM MODULE 1.5 Department of Anatomy			How to read medical Literature	Patient consent & confidentiality	Scientific Club
	FACULTY NAME	Dr Puneeth Nagendra	Dr Venkatesh Murthy K T					Dr Archana Shetty	Dr Reshma Mulla	Dr Leelambika Dr Chaitra N D
29.09.2023 FRIDAY	TOPIC	<b>HOSPITAL &amp; COLLEGE VISIT</b> Tutor/ Assistant Professor from each preclinical Department		Theme based Collage Activity Dr Veena C N, Dr Ranjani Kulkarni		TALENT SHOW Dr Pranathi M, Dr Mukunda, Dr Vidyashree H M				
	FACULTY NAME									
30.09.2023 SATURDAY	TOPIC	BIOMETRIC & ADMIN RELATED ACTIVITIES								
	FACULTY NAME									

#### DISTRIBUTION OF HOURS

Orientation1	21 hrs
Skills Module	3 hrs
Field visit to Community Health Centre	3 hrs
Professional Development including ethics	14 hrs
Sports and Extracurricular activities	11 hrs
Enhancement of language/ computer skills	3 hrs

*Prin Dipika*

MEU COORDINATOR  
CDSIMER

Dr. A.C. ASHOK, MS, DNB, DA  
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Dr. Chandramma, DNB, DA  
DEAN & PRINCIPAL  
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